# Integration of Trigonometric Functions 

## Introduction

Integrals involving trigonometric functions are commonplace in engineering mathematics. This is especially true when modelling waves and alternating current circuits. When the root-mean-square (rms) value of a waveform, or signal is to be calculated, you will often find this results in an integral of the form

$$
\int \sin ^{2} t d t
$$

In this Section you will learn how such integrals can be evaluated.

- be able to find a number of simple definite and indefinite integrals


## Prerequisites

Before starting this Section you should...

- be able to use a table of integrals
- be familiar with standard trigonometric identities


## Learning Outcomes

On completion you should be able to ..

- use trigonometric identities to write integrands in alternative forms to enable them to be integrated


## 1. Integration of trigonometric functions

Simple integrals involving trigonometric functions have already been dealt with in Section 13.1. See what you can remember:

Write down the following integrals:
(a) $\int \sin x d x$,
(b) $\int \cos x d x$,
(c) $\int \sin 2 x d x$,
(d) $\int \cos 2 x d x$

## Your solution

(a)
(b)
(c)
(d)

Answer
(a) $-\cos x+c$,
(b) $\sin x+c$,
(c) $-\frac{1}{2} \cos 2 x+c$,
(d) $\frac{1}{2} \sin 2 x+c$.

The basic rules from which these results can be derived are summarised here:

## Key Point 8

$$
\int \sin k x d x=-\frac{\cos k x}{k}+c \quad \int \cos k x d x=\frac{\sin k x}{k}+c
$$

In engineering applications it is often necessary to integrate functions involving powers of the trigonometric functions such as

$$
\int \sin ^{2} x d x \quad \text { or } \quad \int \cos ^{2} \omega t d t
$$

Note that these integrals cannot be obtained directly from the formulas in Key Point 8 above. However, by making use of trigonometric identities, the integrands can be re-written in an alternative form. It is often not clear which identities are useful and each case needs to be considered individually. Experience and practice are essential. Work through the following Task.

Use the trigonometric identity $\sin ^{2} \theta \equiv \frac{1}{2}(1-\cos 2 \theta)$ to express the integral $\int \sin ^{2} x d x$ in an alternative form and hence evaluate it.
(a) First use the identity:

## Your solution

$\int \sin ^{2} x d x=\int$

## Answer

The integral can be written $\int \frac{1}{2}(1-\cos 2 x) d x$.
Note that the trigonometric identity is used to convert a power of $\sin x$ into a function involving $\cos 2 x$ which can be integrated directly using Key Point 8.
(b) Now evaluate the integral:

## Your solution

## Answer

$$
\frac{1}{2}\left(x-\frac{1}{2} \sin 2 x+c\right)=\frac{1}{2} x-\frac{1}{4} \sin 2 x+K \text { where } K=c / 2 .
$$

Use the trigonometric identity $\sin 2 x \equiv 2 \sin x \cos x$ to find $\int \sin x \cos x d x$
(a) First use the identity:

## Your solution <br> $\int \sin x \cos x d x=\int$

## Answer

The integrand can be written as $\frac{1}{2} \sin 2 x$
(b) Now evaluate the integral:

## Your solution

Answer
$\int_{0}^{2 \pi} \sin x \cos x d x=\int_{0}^{2 \pi} \frac{1}{2} \sin 2 x d x=\left[-\frac{1}{4} \cos 2 x+c\right]_{0}^{2 \pi}=-\frac{1}{4} \cos 4 \pi+\frac{1}{4} \cos 0=-\frac{1}{4}+\frac{1}{4}=0$
This result is one example of what are called orthogonality relations.

## Engineering Example 3

## Magnetic flux

## Introduction

The magnitude of the magnetic flux density on the axis of a solenoid, as in Figure 13, can be found by the integral:

$$
B=\int_{\beta_{1}}^{\beta_{2}} \frac{\mu_{0} n I}{2} \sin \beta d \beta
$$

where $\mu_{0}$ is the permeability of free space $\left(\approx 4 \pi \times 10^{-7} \mathrm{H} \mathrm{m}^{-1}\right), n$ is the number of turns and $I$ is the current.


## -00000000000000000000000000000000000000000-

Figure 13: A solenoid and angles defining its extent

## Problem in words

Predict the magnetic flux in the middle of a long solenoid.

## Mathematical statement of the problem

We assume that the solenoid is so long that $\beta_{1} \approx 0$ and $\beta_{2} \approx \pi$ so that

$$
B=\int_{\beta_{1}}^{\beta_{2}} \frac{\mu_{0} n I}{2} \sin \beta d \beta \approx \int_{0}^{\pi} \frac{\mu_{0} n I}{2} \sin \beta d \beta
$$

## Mathematical analysis

The factor $\frac{\mu_{0} n I}{2}$ can be taken outside the integral i.e.

$$
\begin{gathered}
B=\frac{\mu_{0} n I}{2} \int_{0}^{\pi} \sin \beta d \beta=\frac{\mu_{0} n I}{2}[-\cos \beta]_{0}^{\pi}=\frac{\mu_{0} n I}{2}(-\cos \pi+\cos 0) \\
=\frac{\mu_{0} n I}{2}(-(-1)+1)=\mu_{0} n I
\end{gathered}
$$

## Interpretation

The magnitude of the magnetic flux density at the midpoint of the axis of a long solenoid is predicted to be approximately $\mu_{0} n I$ i.e. proportional to the number of turns and proportional to the current flowing in the solenoid.

## 2. Orthogonality relations

In general two functions $f(x), g(x)$ are said to be orthogonal to each other over an interval $a \leq x \leq b$ if

$$
\int_{a}^{b} f(x) g(x) d x=0
$$

It follows from the previous Task that $\sin x$ and $\cos x$ are orthogonal to each other over the interval $0 \leq x \leq 2 \pi$. This is also true over any interval $\alpha \leq x \leq \alpha+2 \pi$ (e.g. $\pi / 2 \leq x \leq 5 \pi$, or $-\pi \leq x \leq \pi)$.
More generally there is a whole set of orthogonality relations involving these trigonometric functions on intervals of length $2 \pi$ (i.e. over one period of both $\sin x$ and $\cos x$ ). These relations are useful in connection with a widely used technique in engineering, known as Fourier analysis where we represent periodic functions in terms of an infinite series of sines and cosines called a Fourier series. (This subject is covered in HELM 23.)

We shall demonstrate the orthogonality property

$$
I_{m n}=\int_{0}^{2 \pi} \sin m x \sin n x d x=0
$$

where $m$ and $n$ are integers such that $m \neq n$.
The secret is to use a trigonometric identity to convert the integrand into a form that can be readily integrated.

You may recall the identity

$$
\sin A \sin B \equiv \frac{1}{2}(\cos (A-B)-\cos (A+B))
$$

It follows, putting $A=m x$ and $B=n x$ that provided $m \neq n$

$$
\begin{aligned}
I_{m n} & =\frac{1}{2} \int_{0}^{2 \pi}[\cos (m-n) x-\cos (m+n) x] d x \\
& =\frac{1}{2}\left[\frac{\sin (m-n) x}{(m-n)}-\frac{\sin (m+n) x}{(m+n)}\right]_{0}^{2 \pi} \\
& =0
\end{aligned}
$$

because $(m-n)$ and $(m+n)$ will be integers and $\sin ($ integer $\times 2 \pi)=0$. Of course $\sin 0=0$.
Why does the case $m=n$ have to be excluded from the analysis? (left to the reader to figure out!) The corresponding orthogonality relation for cosines

$$
J_{m n}=\int_{0}^{2 \pi} \cos m x \cos n x d x=0
$$

follows by use of a similar identity to that just used. Here again $m$ and $n$ are integers such that $m \neq n$.

## Example 23

Use the identity $\sin A \cos B \equiv \frac{1}{2}(\sin (A+B)+\sin (A-B))$ to show that
$K_{m n}=\int_{0}^{2 \pi} \sin m x \cos n x d x=0 \quad m$ and $n$ integers, $m \neq n$.

## Solution

$$
\begin{aligned}
K_{m n} & =\frac{1}{2} \int_{0}^{2 \pi}[\sin (m+n) x+\sin (m-n) x] d x \\
& =\frac{1}{2}\left[-\frac{\cos (m+n) x}{(m+n)}-\frac{\cos (m-n) x}{(m-n)}\right]_{0}^{2 \pi} \\
& =-\frac{1}{2}\left[\frac{\cos (m+n) 2 \pi-1}{(m+n)}+\frac{\cos (m-n) 2 \pi-1}{(m-n)}\right]=0
\end{aligned}
$$

$($ recalling that $\cos ($ integer $\times 2 \pi)=1)$

Derin Derive the orthogonality relation

$$
K_{m n}=\int_{0}^{2 \pi} \sin m x \cos n x d x=0 \quad m \text { and } n \text { integers, } m=n
$$

Hint: You will need to use a different trigonometric identity to that used in Example 23.

## Your solution

## Answer

$K_{m n}=\int_{0}^{2 \pi} \sin m x \cos m x d x$
Putting $m=n \neq 0$, and then using the identity $\sin 2 A \equiv 2 \sin A \cos A$ we get

$$
\begin{aligned}
K_{m m} & =\int_{0}^{2 \pi} \sin m x \cos m x d x \\
& =\frac{1}{2} \int_{0}^{2 \pi} \sin 2 m x d x \\
& =\frac{1}{2}\left[-\frac{\cos 2 m x}{2 m}\right]_{0}^{2 \pi}=-\frac{1}{4 m}(\cos 4 m \pi-\cos 0)=-\frac{1}{4 m}(1-1)=0
\end{aligned}
$$

Putting $m=n=0$ gives $K_{00}=\frac{1}{2} \int_{0}^{2 \pi} \sin 0 \cos 0 d x=0$.
Note that the particular case $m=n=1$ was considered earlier in this Section.

## 3. Reduction formulae

You have seen earlier in this Workbook how to integrate $\sin x$ and $\sin ^{2} x$ (which is $(\sin x)^{2}$ ). Applications sometimes arise which involve integrating higher powers of $\sin x$ or $\cos x$. It is possible, as we now show, to obtain a reduction formula to aid in this Task.

Given $I_{n}=\int \sin ^{n}(x) d x$ write down the integrals represented by $I_{2}, I_{3}, I_{10}$

## Your solution

$I_{2}=\quad I_{3}=\quad I_{10}=$

## Answer

$$
I_{2}=\int \sin ^{2} x d x \quad I_{3}=\int \sin ^{3} x d x \quad I_{10}=\int \sin ^{10} x d x
$$

To obtain a reduction formula for $I_{n}$ we write

$$
\sin ^{n} x=\sin ^{n-1}(x) \sin x
$$

and use integration by parts.

In the notation used earlier in this Workbook for integration by parts (Key Point 5, page 31) put $f=\sin ^{n-1} x$ and $g=\sin x$ and evaluate $\frac{d f}{d x}$ and $\int g d x$.

## Your solution

Answer

$$
\begin{aligned}
& \frac{d f}{d x}=(n-1) \sin ^{n-2} x \cos x \quad \text { (using the chain rule of differentiation), } \\
& \int g d x=\int \sin x d x=-\cos x
\end{aligned}
$$

Now use the integration by parts formula on $\int \sin ^{n-1} x \sin x d x$. [Do not attempt to evaluate the second integral that you obtain.]

## Your solution

## Answer

$$
\begin{aligned}
\int \sin ^{n-1} x \sin x d x & =\sin ^{n-1}(x) \int g d x-\int \frac{d f}{d x} \int g d x \\
& =\sin ^{n-1}(x)(-\cos x)+(n-1) \int \sin ^{n-2} x \cos ^{2} x d x
\end{aligned}
$$

We now need to evaluate $\int \sin ^{n-2} x \cos ^{2} x d x$. Putting $\cos ^{2} x=1-\sin ^{2} x$ this integral becomes:

$$
\int \sin ^{n-2}(x) d x-\int \sin ^{n}(x) d x
$$

But this is expressible as $I_{n-2}-I_{n}$ so finally, using this and the result from the last Task we have $I_{n}=\int \sin ^{n-1}(x) \sin x d x=\sin ^{n-1}(x)(-\cos x)+(n-1)\left(I_{n-2}-I_{n}\right)$
from which we get Key Point 9:

## Key Point 9

Reduction Formula
Given $I_{n}=\int \sin ^{n} x d x$

$$
I_{n}=-\frac{1}{n} \sin ^{n-1}(x) \cos x+\frac{n-1}{n} I_{n-2}
$$

This is our reduction formula for $I_{n}$. It enables us, for example, to evaluate $I_{6}$ in terms of $I_{4}$, then $I_{4}$ in terms of $I_{2}$ and $I_{2}$ in terms of $I_{0}$ where

$$
I_{0}=\int \sin ^{0} x d x=\int 1 d x=x
$$

Use the reduction formula in Key Point 9 with $n=2$ to find $I_{2}$.

## Your solution

## Answer

$$
\begin{aligned}
I_{2} & =-\frac{1}{2}[\sin x \cos x]+\frac{1}{2} I_{0} \\
& =-\frac{1}{2}\left[\frac{1}{2} \sin 2 x\right]+\frac{x}{2}+c \\
\text { i.e. } \quad \int \sin ^{2} x d x & =-\frac{1}{4} \sin 2 x+\frac{x}{2}+c
\end{aligned}
$$

as obtained earlier by a different technique.

Task
Use the reduction formula in Key Point 9 to obtain $I_{6}=\int \sin ^{6} x d x$.

Firstly obtain $I_{6}$ in terms of $I_{4}$, then $I_{4}$ in terms of $I_{2}$ :

## Your solution

## Answer

Using Key Point 9 with $n=6$ gives $I_{6}=-\frac{1}{6} \sin ^{5} x \cos x+\frac{5}{6} I_{4}$.
Then, using Key Point 9 again with $n=4$, gives $I_{4}=-\frac{1}{4} \sin ^{3} x \cos x+\frac{3}{4} I_{2}$
Now substitute for $I_{2}$ from the previous Task to obtain $I_{4}$ and hence $I_{6}$.

## Your solution

## Answer

$$
\begin{aligned}
& I_{4}=-\frac{1}{4} \sin ^{3} x \cos x-\frac{3}{16} \sin 2 x+\frac{3}{8} x+\text { constant } \\
& \therefore \quad I_{6}=-\frac{1}{6} \sin ^{5} x \cos x-\frac{5}{24} \sin ^{3} x \cos x-\frac{5}{32} \sin 2 x+\frac{5}{16} x+\text { constant }
\end{aligned}
$$

Definite integrals can also be readily evaluated using the reduction formula in Key Point 9. For example,

$$
I_{n}=\int_{0}^{\pi / 2} \sin ^{n} x d x \quad \text { so } \quad I_{n-2}=\int_{0}^{\pi / 2} \sin ^{n-2} x d x
$$

We obtain, immediately

$$
I_{n}=\frac{1}{n}\left[-\sin ^{n-1}(x) \cos x\right]_{0}^{\pi / 2}+\frac{n-1}{n} I_{n-2}
$$

or, since $\cos \frac{\pi}{2}=\sin 0=0, \quad I_{n}=\frac{(n-1)}{n} I_{n-2}$
This simple easy-to-use formula is well known and is called Wallis' formula.

## Reduction Formula - Wallis' Formula

Given $I_{n}=\int_{0}^{\pi / 2} \sin ^{n} x d x$ or $I_{n}=\int_{0}^{\pi / 2} \cos ^{n} x d x$

$$
I_{n}=\frac{(n-1)}{n} I_{n-2}
$$ integration, to obtain $I_{3}$ and $I_{5}$.

## Your solution

## Answer

$I_{1}=\int_{0}^{\pi / 2} \sin x d x=[-\cos x]_{0}^{\pi / 2}=1$
Then using Wallis' formula with $n=3$ and $n=5$ respectively

$$
\begin{aligned}
& I_{3}=\int_{0}^{\pi / 2} \sin ^{3} x d x=\frac{2}{3} I_{1}=\frac{2}{3} \times 1=\frac{2}{3} \\
& I_{5}=\int_{0}^{\pi / 2} \sin ^{5} x d x=\frac{4}{5} I_{3}=\frac{4}{5} \times \frac{2}{3}=\frac{8}{15}
\end{aligned}
$$

The total power $P$ of an antenna is given by

$$
P=\int_{0}^{\pi} \frac{\eta L^{2} I^{2} \pi}{4 \lambda^{2}} \sin ^{3} \theta d \theta
$$

where $\eta, \lambda, I$ are constants as is the length $L$ of antenna. Using the reduction formula for $\int \sin ^{n} x d x$ in Key Point 9, obtain $P$.

## Your solution

## Answer

Ignoring the constants for the moment, consider

$$
\begin{aligned}
& I_{3}=\int_{0}^{\pi} \sin ^{3} \theta d \theta \text { which we will reduce to } I_{1} \text { and evaluate. } \\
& I_{1}=\int_{0}^{\pi} \sin \theta d \theta=[-\cos \theta]_{0}^{\pi}=2
\end{aligned}
$$

so by the reduction formula with $n=3$

$$
I_{3}=\frac{1}{3}\left[-\sin ^{2} x \cos x\right]_{0}^{\pi}+\frac{2}{3} I_{1}=0+\frac{2}{3} \times 2=\frac{4}{3}
$$

We now consider the actual integral with all the constants.
Hence $P=\frac{\eta L^{2} I^{2} \pi}{4 \lambda^{2}} \int_{0}^{\pi} \sin ^{3} \theta d \theta=\frac{\eta L^{2} I^{2} \pi}{4 \lambda^{2}} \times \frac{4}{3}$, so $P=\eta \frac{L^{2} I^{2} \pi}{3 \lambda^{2}}$.

A similar reduction formula to that in Key Point 9 can be obtained for $\int \cos ^{n} x d x$ (see Exercise 5 at the end of this Workbook). In particular if

$$
J_{n}=\int_{0}^{\pi / 2} \cos ^{n} x d x \text { then } J_{n}=\frac{(n-1)}{n} J_{n-2}
$$

i.e. Wallis' formula is the same for $\cos ^{n} x$ as for $\sin ^{n} x$.

## 4. Harder trigonometric integrals

The following seemingly innocent integrals are examples, important in engineering, of trigonometric integrals that cannot be evaluated as indefinite integrals:
(a) $\int \sin \left(x^{2}\right) d x$ and $\int \cos \left(x^{2}\right) d x \quad$ These are called Fresnel integrals.
(b) $\int \frac{\sin x}{x} d x \quad$ This is called the Sine integral.

Definite integrals of this type, which are what normally arise in applications, have to be evaluated by approximate numerical methods.

Fresnel integrals with limits arise in wave and antenna theory and the Sine integral with limits in filter theory.

It is useful sometimes to be able to visualize the definite integral. For example consider

$$
F(t)=\int_{0}^{t} \frac{\sin x}{x} d x \quad t>0
$$

Clearly, $F(0)=\int_{0}^{0} \frac{\sin x}{x} d x=0$. Recall the graph of $\frac{\sin x}{x}$ against $x, x>0$ :


Figure 14
For any positive value of $t, F(t)$ is the shaded area shown (the area interpretation of a definite integral was covered earlier in this Workbook). As $t$ increases from 0 to $\pi$, it follows that $F(t)$ increases from 0 to a maximum value

$$
F(\pi)=\int_{0}^{\pi} \frac{\sin x}{x} d x
$$

whose value could be determined numerically (it is actually about 1.85). As $t$ further increases from $\pi$ to $2 \pi$ the value of $F(t)$ will decrease to a local minimum at $2 \pi$ because the $\frac{\sin x}{x}$ curve is below the $x$-axis between $\pi$ and $2 \pi$. Note that the area below the curve is considered to be negative in this application.

Continuing to argue in this way we can obtain the shape of the $F(t)$ graph in Figure 15: (can you
see why the oscillations decrease in amplitude?)


Figure 15
The result $\quad \int_{0}^{\infty} \frac{\sin x}{x} d x=\frac{\pi}{2}$ is clearly illustrated in the graph (you are not expected to know how this result is obtained). Methods for solving such problems are dealt with in HELM 31.

## Exercises

You will need to refer to a Table of Trigonometric Identities to answer these questions.

1. Find (a) $\int \cos ^{2} x d x$
(b) $\int_{0}^{\pi / 2} \cos ^{2} t d t$
(c) $\int\left(\cos ^{2} \theta+\sin ^{2} \theta\right) d \theta$
2. Use the identity $\sin (A+B)+\sin (A-B) \equiv 2 \sin A \cos B$ to find $\int \sin 3 x \cos 2 x d x$
3. Find $\int\left(1+\tan ^{2} x\right) d x$.
4. The mean square value of a function $f(t)$ over the interval $t=a$ to $t=b$ is defined to be

$$
\frac{1}{b-a} \int_{a}^{b}(f(t))^{2} d t
$$

Find the mean square value of $f(t)=\sin t$ over the interval $t=0$ to $t=2 \pi$.
5. (a) Show that the reduction formula for $J_{n}=\int \cos ^{n} x d x$ is

$$
J_{n}=\frac{1}{n} \cos ^{n-1}(x) \sin x+\frac{(n-1)}{n} J_{n-2}
$$

(b) Using the reduction formula in (a) show that

$$
\int \cos ^{5} x d x=\frac{1}{5} \cos ^{4} x \sin x+\frac{4}{15} \cos ^{2} x \sin x+\frac{8}{15} \sin x
$$

(c) Show that if $J_{n}=\int_{0}^{\pi / 2} \cos ^{n} x d x$, then $J_{n}=\left(\frac{n-1}{n}\right) J_{n-2}$ (Wallis' formula).
(d) Using Wallis' formula show that $\int_{0}^{\pi / 2} \cos ^{6} x d x=\frac{5}{32} \pi$.

## Answers

1. (a) $\frac{1}{2} x+\frac{1}{4} \sin 2 x+c$
(b) $\pi / 4$
(c) $\theta+c$.
2. $-\frac{1}{10} \cos 5 x-\frac{1}{2} \cos x+c$.
3. $\tan x+c$.
4. $\frac{1}{2}$.
